

# Distributing Infant Feeding Supplies

When new donations come in AND at least monthly (more often if high turnover):

## **Discard / Throw Away:**

- ☐ **Formula and baby food that is expired, or will expire this month.** Consider discarding those that will expire next month, especially if your site serves few babies and young children.
- ☐ **Formula and baby food with damaged, dented, bloated, or opened containers** or those with broken interior or exterior seals.
- ☐ **Used infant feeding items (teats, bottles, all pump parts).** When possible, distribute only new feeding items. Used electric pumps can be picked up by the SAFE team - some can be reused, depending on brand.
- ☐ **Powdered or liquid infant formula that has been exposed to extreme heat or freezing,** as this may alter nutrient availability/stability and container integrity.
- ☐ **Concentrated formula** (liquid formula that says “ADD WATER”- often in small cans) as these are often not prepared safely and lack clear instructions.

*Discard formula in a secured waste receptacle to ensure that unsafe product will not be accessed by others and fed to babies.*

## **Mark & Organize Feeding Supplies for Best Safety**

- ☐ **Write expiration dates** on the top and front of formula containers with a permanent marker (i.e. EXP: Jan/26)

## **Put in the Front / In the Most Immediate View**

- ☐ “Ready-to-feed” Formula (liquid, already prepared formula).
- ☐ NEW teats/bottle nipples and bottles. Place them next to the liquid “ready-to-feed” formula.
- ☐ Place safe water near powdered formula.
- ☐ NEW electric or manual breast pumps and place them in the most immediate view with the “ready-to-feed” formula.

## **Move These Items to Other Areas**

To decrease risk of families selecting an inappropriate item.

- ☐ **For Older Children** - toddler formula, formula for age 1+, dry milk powder
- ☐ **Medical Foods/Products** - tube feeding products/sole-source nutrition, thickeners, Pediasure, Ensure

*Consider holding excess formula and **specialty formulas** (i.e. Nutramigen) in the back, with a sign near the formula station indicating they are available if your community would be comfortable asking for what they need.*

## **Inform Caregivers**

Post the “Safe Infant Feeding Tips for Families” poster near the formula.

## **Breastfeeding & Human Milk**

- ☐ If human milk is labeled with donor’s contact information, please contact the NCBfC SAFE Team to support informed milk sharing.
- ☐ If human milk is unlabeled and/or thawed, please discard.
- ☐ For those seeking human breast milk, donor milk *may* be available. Contact us.
- ☐ You can **support breastfeeding** by having a private area available for lactation and signs pointing to this space.



## **For more information:**

View a brief training video, print posters, or access additional resources at [ncbfc.org/safe](https://ncbfc.org/safe)